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SUNDAY, MAY 1, 2011

PARADE

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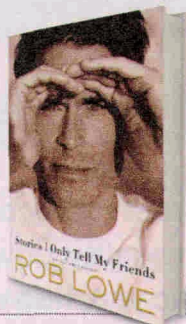


→ **GRACE UNDER FIRE** Freedom Rider Mae Frances Moultrie stands outside a burning Greyhound bus in Anniston, Ala., on May 14, 1961.

Fighting for Freedom

IN MAY 1961, THE FIRST FREEDOM RIDERS HEADED SOUTH ON BUSES from all over the country to fight segregation. They faced angry mobs who beat them and firebombed their buses, but 450 volunteers persevered for the next five months. "Walking into the 'Whites Only' waiting room in the Jackson, Mississippi, train station was chilling," recalls Helen Singleton, 78, who spent 39 days in jail for her actions. "But back then, my family couldn't stop for lunch or use a restroom on a 14-hour car trip to visit my grandmother. We had to do something about hate in America." The Freedom Riders' bravery paid off—segregation was ultimately struck down. "We took the fight for civil liberties out of the courtroom and into the streets," says Roy Innis, national chairman of the Congress of Racial Equality, which organized the first bus protests. "Black and white Americans stood together and put themselves on the line to make the world a better place for our children." One of those children was Barack Obama—born in August 1961, just a few months after the Freedom Rides began. PBS will air the documentary *Freedom Riders* on May 16. —Lynn Schnurnberger

Parade Picks



▶ Books **STORIES I ONLY TELL MY FRIENDS**

by Rob Lowe, memoir (\$26)
The world would be a better place if more stars' memoirs were like Lowe's—chatty, dishy, and with celebrity walk-ons (Tom Cruise! Sarah Jessica Parker! Princess Stephanie of Monaco! Martin Sheen!) galore. As entertaining as a Brat Pack film festival.

THE WILDER LIFE
by Wendy McClure, nonfiction (\$26)
Like many women, McClure grew up loving the *Little House on the Prairie* books. In adulthood, her adoration blossomed into all-out obsession. This book details her often comical quest to connect with the spirit of Laura Ingalls Wilder as she travels to the

author's homesteads and tackles pioneer tasks like churning butter. By journey's end, she's discovered the authentic beauty in Wilder's far-from-storybook real life.

▶ DVDs
TRACY & HEPBURN: THE DEFINITIVE COLLECTION (\$60)
The sublime screen team of Spencer Tracy and Katharine Hepburn made nine films together, from *Woman of the Year* to *Guess Who's Coming to Dinner*, and they're all here—including two new to DVD, *Keeper of the Flame* and *The Sea of Grass*. Perfect for moms and other romantics.



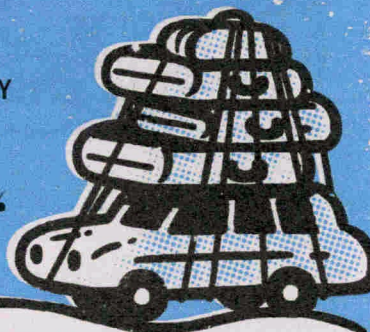
▶ Music **IN YOUR DREAMS**

from Stevie Nicks (\$13)
Nicks's husky voice and eclectic poetry—her inspirations range from Italy to the *Twilight* films—lend weight to the ethereal rock melodies on her first studio album in 10 years. Especially memorable: "Secret Love," written in the 1970s, and the moody, Dylan-esque "New Orleans."

PARADE POLL

ARE YOU PLANNING ON TAKING A FAMILY VACATION THIS SUMMER?

54% 46%
YES NO



◉ We want to know! For more questions, go to Parade.com/poll

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PRODUCT OF THE WEEK

iPhone backup & charger

WHAT IT DOES While charging your iPhone, the Iomega SuperHero backs up all your data on an SD flash card.

WHY WE LOVE IT Lost your iPhone? You'll still have family pictures and info stored safely at home. **WHERE TO GET IT** iomega.com (\$70)



Manner Up!

Modern etiquette made easy

Q: Someone in my office wears low-cut tops that are inappropriate for work. I don't know where to look when I talk to her. Advice? —John R., Boston

A: You could crank up the AC, but if you don't want to force your colleagues to work in a meat locker, the best solution, says Beverly Weinstein, a recruiter and the president of Markham Media, is "to have a senior female executive take the woman aside and gently talk to her about what works for an office environment." There's no need for the conversation to be accusatory; it should be along the lines of, "It's natural for people to stare at nice-looking figures, but you don't want to be distracting." To avoid any potential misunderstanding, it's important that a woman exec give the talk, not a man. —Judith Newman

◉ Send your questions to Parade.com/mannerup

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